



Kingston Parent Carer Forum Steering Committee – Virtual Meeting 9-10pm 1.4.2021

AGENDA

- **Hellos, Welcomes and Updates – 5 Minutes**
- **Open Actions – Emailed to all individuals for completion – 0 Minutes**
- **Finances Update – 10 Minutes**
- **Feedback and Updates from Meetings attended; - 10Minutes**
- **Items Steering Committee would like added to Consortium Agenda or Questions to ask – If needed**
- **Website Updates – 20 Minutes**
- **Seminars Updates and planning – 5 Minutes**
- **Changes to EnhanceAble Support - 5 minutes**
- **AOB – 5 Minutes**
 - TOG feedback AC
 - Mental Health Conference/SEND Policy CI

Chair of Meeting: BP

Minutes of Meeting: CM

Present: BP, AC, CF, RH, KJ, NA, CI, RA, CM

Apologies: LK

Actions:

None outstanding

- **Finances Update**

Finances spent. Returns for the financial year 2020/21 have been sent to contact. There has also been an application for next year 2021/22.

- **Feedback and Updates from Meetings attended;**

It is important to raise issues that need following up from meetings with an email as these comments are not always included in the minutes.

It looks like Kingston will be due a re inspection in April, BP recommended that all members have their say on their specific topics of interest. BP stated that there is a clear message that it is one thing to be listened to but another to be heard and involved.

- **Items Steering Committee would like added to Consortium Agenda or Questions to ask**

None raised.

- **Website Updates**

BP will be finalising the proof reads and edits for the website this bank holiday weekend. It is hoped that the website will go live early April 7th.

- **Seminars Updates and planning**

The sleep seminar is on the 5th May at 10am-12 on Zoom. This has been set up on Eventbrite and to our website developers to link to the website.

Aniesa is yet to confirm the dates for the Sensational Kids sessions.

- **Changes to EnhanceAble Admin Support**

CM confirmed that this will be her last meeting with the PCF as she is moving to another role within EnhanceAble. [Tom Barkan\(tom.barkan@enhanceable.org\)](mailto:tom.barkan@enhanceable.org) will now support the PCF with their administrative needs. Tom has been copied into this email and has already attended sessions on the maintenance of the new website. The group thanked CM for her help over the last year and wished her luck in her new role.

- **AOB**

- **TOG feedback AC**

A previously postponed topic of parent engagement was discussed at this meeting. AC felt that it was best to send as much information as possible in writing so that it cannot be denied. It is important to raise issues that need following up from meetings with an email as these comments are not always included in the minutes. There is a minimal amount with regards to the input of the parents. There is a lot of focus on the needs of the CYP. AC feels that this should also include the needs of the parents with regards to the capability of the parents to deliver home therapies.

The impact report is due to be written or has been written. AC will ask for a copy of this report on behalf of the PCF.

There is a lot of frustration around the lack of service specifications set for therapies delivery.

- **Mental Health Conference/SEND Policy Questions CI**

CI attended the national autistic mental health conference and some of it was research based. There was discussion around the 'happy in school project'. RH said that he had attended a similar project to this and it was very good.

The challenges of anxiety were discussed with regards to a child going to school with ASD and the changes in place. CI felt that this would be useful with regards to the local authorities' plan to audit schools.

The focus was around what the schools can offer to support children.

A whole school emotional wellbeing projects in schools may not be suitable to all, using a child centred approach to this to make it suitable for children with additional needs would be better. CI has copies of all the presentations that she is able to share with the group if needed.

There has been a lot more training in schools around emotional regulation. There was also discussion around interoception being linked to emotional regulation. A study showed that individuals with ASD also show a greater sensory reaction with pain but a lower ability to read it.

- **Contact Webinar - AC**

AC will send the presentations from this webinar to the steering group members. NA also attended and felt that the group were already working very well.

- **Short breaks**



NA raised access to the non assessed and assessed short break services. NA feels that a survey regarding accessing these from a parents perspective is needed. Some parents are being told that their child is either too disabled or not disabled enough to access these. It was suggested as a reminder of the Parent Carer Assessments should be made on Facebook. It is also suggested that if parents are 'coping' then they do not need the groups. NA will draft some questions to be created into a survey to share and feedback to AFC and the group.